# University of Kentucky College of Agriculture, Food and Environment Cooperative Extension Service

#### AGRICULTURE & NATURAL RESOURCES

# Carlisle County ANR Newsletter March 2024

#### **Cooperative Extension Service**

Carlisle County 65 John Roberts Road Bardwell, KY 42023-0518 (270) 628-5458 Fax: (270) 628-3722

extension.ca.uky.edu

#### Dates to Remember:

## **WAVE Ag Day-**August 1-Columbus Belmont Park Conference Center

IPM Meeting- March 18, 2024-Online or in person flyer attached

Annual Purchase Area Cattlemen Meeting-March 19-Graves Ext. Office

**UKY Wheat Field Day-**April 14-Princeton

**UKY Corn, Soybean, Tobacco Field Day**- June 23-Princeton

Rinse and Return-July 24, 2024-as usual-plus see attached sheet



#### Cooperative Extension Service

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development

#### MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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#### **Rinse and Return Guidelines**

#### **Pressure Rinsing**

- Remove cover from container. Empty the pesticide into the spray tank and let the container drain for 30 seconds.
- Continue holding the container upside down over the sprayer tank opening so rinse will run into the sprayer tank.
- Insert the pressure-rinse nozzle by puncturing through the bottom of the pesticide container.
- Rinse for length of time recommended by the manufacturer (generally 30 seconds or more).

#### **Triple Rinsing**

- Remove cover from container. Empty the pesticide into the spray tank and let the container drain for 30 seconds.
- Fill the container 10% to 20% full of water or rinse solution.
- Secure the cover on the container.
- Swirl the container to rinse all inside surfaces.
- Remove cover from the container. Add the rinse solution from the container to sprayer tank and let drain for 30 seconds or more.
- Repeat steps 2 through 5 two more times.
- Puncture container.

# Carlisle County Rinse and Return

July 24, 2024



Cooperative Extension Service Carlisle County 65 John Roberts Road Bardwell, KY 42023-0518 (270) 628-5458 extension.ca.uky.edu

Carlisle County Conservation 65 John Roberts Drive STE C PO Box 502 Bardwell, KY 42023 (270) 628-3709 cccd@windstream.net

## Lunch Sponsored by Carlisle County Conservation

Triple Rinse Chemical Jugs

And take to the

**County Road Department** 

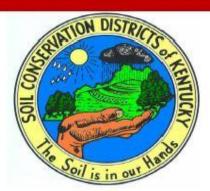
93 W. Court St.

Bardwell, KY 42023

9:00-11:00



# Lunch at 11:00 Carlisle County Extension Office



For more information call the

County Extension Office:

Carlisle -- 270-628-5458

CCD-270-628-3709 or 270-841-0313









# University of Kentucky Martin-Gatton College of Agriculture Food and Environment

#### 2024 IPM Training School March 18<sup>th</sup>, 2024

#### Program

#### 8: 00 AM Registration

#### Field Crops

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8:25 AM 8:50 AM	Herbicide Resistance Screening in the Commonwealth of Kentucky Herbicide Resistant Weed Control	Dr. Samuel Revolinski Dr. Travis Legleiter
9:15 AM	Cover Crops	Dr. Lloyd Murdock
9:40 AM	Keeping Cover Crops from Becoming a Pest Problem	Dr. Chad Lee
10:05 AM	Break	
10:20 AM	Management of Important Soilborne Diseases of Soybean	Dr. Carl Bradley
10:45 AM	Efficacy of Insecticides in Bt-and non-Bt field Corn and Problems Capturing Pest Moths	Drs. Ric Bessin Raul T. Villanueva
11:10 AM	The Agronomics and Economics of Various Nutrient Sources for Crop Production	Dr. Edwin Ritchey
11:35 AM	Application of Low-Cost GPS Technologies to Improve Input Use	Dr. Chris Teutsch

#### Horticulture

1:00 PM 1:25 PM	Understanding the Mildews – Downy versus Powdery Greenhouse Disease Management	Dr. Nicole Gauthier Ms. Arundathi Sharma
1:50 PM	Cover Cropping in Vegetable Production Systems: Benefits, Challenges, and Considerations	Dr. Rachel Rudolph
2:15 PM	Break	
2:30 PM	Everything Old is New Again	Dr. Shawn Wright
2:55 PM	Impact of Invasive Species on IPM	Dr. Jonathan Larson
3:20 PM	Current and Future Wildlife Management Conflicts for the Mid-South	Dr. Matt Springer



#### To attend in person or online, please click to <u>register</u>

	Pesticide Applicators	Certified Crop Adviser
	CEUs	CEUs
Field Crops	Category 1A: 4	Soil & Water Management: 1
		IPM: 2
		Crop Management: 1
Horticulture	Category 1A: 3	IPM: 2
		Crop Management: 1

Location	Contacts	
5162 Russellville Rd.	Zenaida Viloria zenaida.viloria@uky.edu (270) 365-7541 Ext. 21336	Ric Bessin r.bessin@uky.edu (859) 323-1120



# Injury Prevention in the Garden MARCH 21, 2024 @ 11 AM EDT

## with special guest GABRIELA MURZA

Utah State University | Extension Assistant Professor of Health and Wellness

REGISTER: ukfcs.net/RegistrationGardening



# Creamy Cucumber and Chicken Salad

1/2 pound chicken breast

1 tablespoon fresh lemon juice

1 cup slivered almonds

1/2 cup nonfat plain Greek yogurt

3 ounces reduced fat cream cheese

2 tablespoons Dijon mustard

1/2 teaspoon sea salt

1 tablespoon ground black pepper

2 tablespoons fresh chopped dill

2 medium cucumbers, chopped

1 cup dried cranberries

8 lettuce leaves

Marinate chicken breast in lemon juice for one hour. Remove chicken from marinade and chop into bite sized pieces. Sauté in preheated nonstick skillet until thoroughly cooked and no longer pink in the center. Set aside to cool. Toast slivered almonds on low heat in a non-stick skillet until fragrant. Set aside to cool. In a large mixing bowl combine yogurt, cream cheese, mustard, salt, pepper and dill. Add chicken and toss. Add

cucumbers, cranberries and almonds to chicken mixture. **Toss** to coat. **Cover and chill** in refrigerator for 1 hour. **Spoon** salad into washed and dried lettuce leaves. **Serve** cold.

Yield: 8 servings

Nutritional Analysis: 210 calories, 10 g fat, 2 g saturated fat, 30 mg cholesterol, 290 mg sodium, 19 g carbohydrate, 3 g fiber, 14 g sugars, 12 g protein.

## Kentucky Cucumbers

SEASON: June to September

#### **NUTRITION FACTS:**

Cucumbers are naturally high in water. A ½ cup serving contains only 7 calories.

SELECTION: Choose firm, fully green cucumbers with no yellowing or soft spots. Slicing cucumbers, suitable for eating, are 6 to 9 inches long with small, white spines on the surface that rub off easily. Pickling cucumbers are smaller and have, black spines on the surface.

STORAGE: Store unwashed cucumbers in the refrigerator for up to a week. Sliced cucumbers should be tightly wrapped and refrigerated up to 3 days.

PREPARATION: Wash under cool, running water to remove visible dirt. Slice. You may want to remove the seeds in mature cucumbers by cutting lengthwise and scooping seeds from the center with a spoon.

PRESERVING: Follow recipe instructions. Four pounds of cucumbers yield 5-6 pints of pickles.

#### KENTUCKY CUCUMBERS

Kentucky Proud Project

County Extension Agents for Family and Consumer Sciences

University of Kentucky, Dietetics and Human Nutrition students

June 2018

Source: www.fruitsandveggiesmatter.gov

Buying Kentucky Proud is easy. Look for the label at your grocery store, farmers market, or roadside stand http://plateitus.ca.uky.edu



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### 2022 Census of Agriculture Kentucky Overview



CEDIK | Community & Economic Development Initiative of Kentucky

- Number of farms in Kentucky dropped by 6,500.
- Number of acres in farming dropped by just over 500,000 acres.
- Kentucky sales increased by roughly \$1 billion from 2017, adjusting for inflation.
- Farm expenses increased by approximately \$400 million, also adjusting for inflation.
- The value of food sold directly to retailers, institutions and food hubs tripled, but farmers market sales are down!
- Tobacco faced a steep decline. There are now fewer than 1,000 tobacco farms in Kentucky.
- Equine value increased but number of equine farms fell.
- Bigger farms increased in size. There are far fewer small farms (under 180 acres).

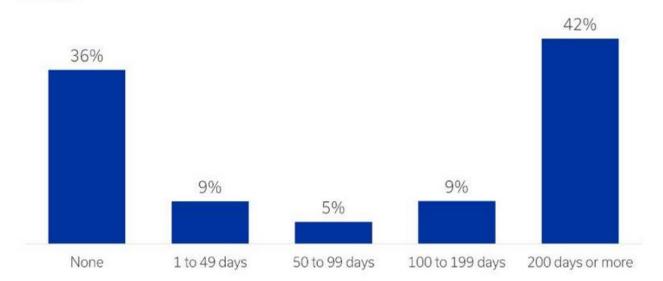


### PRODUCER CHARACTERISTICS

2017 - 2022



# DAYS OF WORK OFF FARM\*



<sup>\*</sup>Data were collected for a maximum of four producers per farm.

To: Purchase Area Beef Producers

From: Shawn Harper, PACA President

#### Re: Annual Purchase Beef Production Meeting

The annual Purchase Area Cattlemen's Association beef production meeting will be on Tuesday, March 19, 2024. There will be a Trade Show from 5:00 pm to 6:30 pm. A ribeye steak dinner will be served at six-thirty. Following the meal we will have a presentation by Dr. Kenny Burdine titled "Market Outlook and Management Considerations for Cattle Producers."

The meeting will be held at the Graves Extension Office. Meal cost and registration is \$10.00 at the door. To insure your meal prior registration is required. Please call Graves County Extension Office at (270) 247-2334 by Monday, March 11th!

#### Agenda

Meeting: Tuesday March 19, 2024

Location: Graves County Extension Office

Trade Show: 5:00 PM to 6:30 PM Meal: 6:30 PM to 7:15 PM Presentations: 7:15 PM to 8:15 PM

Announcements: 8:15 PM

Information released by

Chuck Flowers
Carlisle County Extensi

Carlisle County Extension Agent Agriculture & Natural Resources



Carlisle County P O Box 518 Bardwell, KY, 42023-0518

RETURN SERVICE REQUESTED