

Cooperative Extension Service  
Carlisle County  
65 John Roberts Road  
Bardwell, KY 42023-0518  
(270) 628-5458  
Fax: (270) 628-3722  
extension.ca.uky.edu

## *Carlisle County ANR Newsletter December 2024*

### *Dates to Remember:*

*Winter Grain Meeting-* Dec.11, 2024-Amberg Shop-Hickman-flyer attached

*KY Commodity Conference-* Jan. 16, 2025-Bowling Green

*WAVE Ag Sponsors Luncheon -* Jan. 22, 2025- **Carlisle Co. Extension Office**

*Reviving Drought Stressed Pastures-* Jan. 23, 2025-Clinton Extension Office

*Winter Ag Conference-* Jan. 31, 2025- Lowry Farm

*Winter Wheat Meeting-* Feb. 4, 2025-Hopkinsville-flyer attached

*Pesticide Training-* Jan. 7, 29, Feb. 13, 2025-flyer attached



*Merry Christmas and Happy New Year!*

# Cooperative Extension Service Winter Grain Meeting

**WEDNESDAY**  
**DECEMBER 11, 2024**  
**9:00 AM**

**AMBERG FARMS**  
**6299 State Route 1128**  
**Hickman, KY 42050**



Session Title	Speakers
Welcome	Local County Agent
Grain Market Update	Dr. Grant Gardner
Corn Disease Update	Dr. Kiersten Wise
Weed Update	Dr. Larry Steckel
Beaver Mitigation Program	Micah Seavers

**Lunch is sponsored by **  
*Ag Solutions<sup>®</sup>*

KY & TN Commercial Applicator Points pending

\*\*\*RSVP by calling your local county extension office by  
 Friday, December 6th to ensure your free meal\*\*\*

Fulton - 270- 236-2351

Carlisle - 270-628-5458

Hickman - 270-653-2231

**Cooperative  
 Extension Service**

Agriculture and Natural Resources  
 Family and Consumer Sciences  
 4-H Youth Development  
 Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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 may be available with prior notice. Program information may be made available in languages other than English.  
 University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.  
 Lexington, KY 40506







**Save the Date-Jan. 22, 2025**

**WAVE AG  
Partnership/Farmers  
Luncheon**

**Carlisle County  
Extension Service**

**Bardwell, KY**

**11:30 a.m.**

**2025  
WINTER  
WHEAT  
MEETING**

**February 4, 2025**

**Bruce Convention Center  
Hopkinsville, KY 42240**

**9am-3pm central**

**Registration 8:30 ct**

*CCA and Pesticide Credits pending.*

**What are We Learning From YEN in KY? - Phil Needham**

**Herbicide Residual Application Timing for Ryegrass Control  
- Dr. Travis Legleiter**

**On-farm Grain Fumigation Options - Josh Wilhelm**

**Dealing with DON: Management of Fusarium Head Blight  
and DON in Wheat - Dr. Carl Bradley**

**How Nitrogen and Sulfur Fertility Influences Wheat Grain  
Yield and Protein Content - Dr. Edwin Ritchey**

**Current Wheat Crop Update - Dr. Chad Lee**

**Wheat Varieties Tolerance to Metribuzin and Opportunities  
to Improve Italian Ryegrass Management  
- Dr. Samuel Revolinski**

**Overview of Kentucky Wheat Yield Contest 2015-2024  
- Dr. Mohammad Shamim**



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## Green Bean and Ham Soup

<b>4 cups</b> fresh green beans, trimmed and cut into 1-inch pieces	<b>3 whole</b> carrots, peeled and sliced	<b>¼ teaspoon</b> black pepper
<b>3 cups</b> russet potatoes, unpeeled and cubed	<b>1 pound</b> fully cooked ham, cut into bite-sized pieces	<b>1 teaspoon</b> garlic powder
<b>2 small</b> onions, thinly sliced	<b>9 cups</b> water	<b>1 cup</b> half and half
	<b>1 teaspoon</b> salt	<b>2 tablespoons</b> corn starch
		<b>¼ cup</b> cold water

**Place** green beans, potatoes, onions, carrots, ham and the nine cups water into a large soup pot; **cover** and bring to a **boil**. **Reduce** heat to medium and **simmer**, uncovered, about 45 minutes or until the vegetables are tender. **Remove** the pot from the heat and **add** the salt, black pepper, garlic powder and half and half. **Return** to heat and bring to a **simmer** again. **Combine** corn starch and

the ¼ cup cold water in a small bowl. When simmer begins, **combine** the corn starch mixture into the soup and stir well. Allow the soup to remain on the heat for 5-7 more minutes while it thickens.

**Yield:** 12, 1 cup servings

**Nutritional Analysis:** 140 calories, 4.5 g fat, 2 g saturated fat, 25 mg cholesterol, 670 mg sodium, 14 g carbohydrate, 3 g fiber, 3 g sugar, 10 g protein



Buying Kentucky Proud is easy. Look for the label at your grocery store, farmers' market, or roadside stand.  
<http://plateitup.ca.uky.edu>

## Kentucky Green Beans

**SEASON:** June to September

**NUTRITION FACTS:** One-half cup of unseasoned green beans has 15 calories, is low in fat and sodium and provides fiber, vitamin A and potassium.

**SELECTION:** Choose slender, firm, smooth, crisp beans with slightly velvet-like pods with a bright, green color. Bean pods should be free of blemishes and have small seeds.

**STORAGE:** Beans can be stored unwashed in plastic bags in the refrigerator crisper for 3 to 5 days. Wash just before preparation.

**Source:** [www.fruitsandveggiesmatter.gov](http://www.fruitsandveggiesmatter.gov)

**PREPARATION:** Wash and remove stems and strings. Cook by steaming in a small amount of water until tender-crisp, about 5 to 8 minutes. They can also be cooked directly in soups or stews. Green beans go well with seasonings such as chives, dill, marjoram, mint oregano, thyme, lemon, mustard or onion.

### KENTUCKY GREEN BEANS

**Kentucky Proud Project**  
 County Extension Agents for Family and Consumer Sciences  
 University of Kentucky, Dietetics and Human  
 Nutrition students  
**November 2015**

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COOPERATIVE  
 EXTENSION  
 SERVICE







University of Kentucky  
College of Agriculture,  
Food and Environment  
Cooperative Extension Service

# ***PESTICIDE CARD RENEWAL***

**January 7, 29 – February 13, 2025**

***Carlisle County Extension Office***  
***65 John Roberts Road , Bardwell KY 42023***

## **Times for each Day**

**Jan. 07, 2025-1:00-2:30 pm**

**Jan. 29, 2025-1:00-2:30 pm**

**Feb. 13, 2025-9:00-11:00 am**



***Winter Ag. Conference will be***  
***Jan. 31, 2025 at Lowry Farms.***



**For more information call your  
County Extension Office:**

**Carlisle**

**270-628-5458**

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Lexington, KY 40506



Information released by

*Chuck Flowers*

Chuck Flowers  
Carlisle County Extension Agent  
Agriculture & Natural Resources



**University of Kentucky**  
College of Agriculture,  
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*Cooperative Extension Service*

Carlisle County  
P O Box 518  
Bardwell, KY, 42023-0518

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