

Volunteering

Carlisle County 4-H is always looking for positive adult and teen role models in the community to support our organization by volunteering. Volunteers can lead clubs and teach classes, transport and supervise youth, help fundraise and publicize programs, provide mentorship and serve on councils, and so much more! No matter what your talent is, there is a spot for you in 4-H! Call today to learn more about how to get involved!

What does 4-H offer volunteers?

Curriculum, Resources, & Agent Support

Work with the 4-H agent to develop ideas, obtain curriculum, plan meetings, and market programs.

Leader Training

Volunteer trainings are held at the county level for adult and teen leaders.

Certification Workshops

Shooting Sports, Livestock, & Horse program volunteers must attend certification workshop to become certified. Volunteers are given training and materials needed for teaching these disciplines.

Kentucky 4-H Volunteer Forum

Every two years, volunteers may attend the Kentucky 4-H Volunteer Forum in Lexington. Fun workshops and awards banquets make this a great weekend.

An opportunity to make a difference in the lives of youth in your community!

Volunteers must complete an application process and be approved to become adult and teen leaders.

Teen Boards & Councils

High school youth may participate in area teen council, state teen council, and state leadership boards in their area of interest while developing leadership skills.

Area Teen Council

Teens can serve as representatives on the Purchase Area Teen Council and assist in planning teen trips and events.

State Teen Council

Teens may apply to serve on the State Teen Council and assist in planning and implementing events like Teen Conference and Teen Summit.

Performing Arts Troupe

Youth in high school that enjoy singing, dancing, and playing instruments can try out for this awesome opportunity to practice and perform with this group at state-level 4-H events.

Shooting Sports Ambassadors

Teens who have completed Shooting Sports Coach certification workshops may apply to serve. Ambassadors market shooting sports programs and help with state-level events.

Fashion Leadership Board

Teens interested in fashion, sewing, and needlework may apply to serve on this board. Members teach workshops and promote 4-H fashion programming.

Science, Engineering, & Technology Board

Teens may apply to assist with and promote 4-H STEM programs in their district and throughout the state.



Recognition & Competition

Fair Exhibits

Have you made something through one of your 4-H projects that you want to show off? Enter it in the county fair and win ribbons and prize money! Qualifying entries can advance to compete at the Kentucky State Fair! (Ages 9-18)

Fashion Revue

Model a garment that you have sewn or a wardrobe you have put together at the county level! Winners may advance to area and state competitions. (Ages 9-18)

Variety Show

4-H'ers aged 9 and up can participate in the variety show—they can sing, dance, play instruments, perform a theatre piece, and more. The sky is the limit! District and state level opportunities are available. (Ages 9-18)

Communications Day

Do you like to speak in front of others and show off what you know? Prepare a speech, demonstration, or job interview for County Communications Day! Winners may advance to area and state competitions. (Ages 9-18)

Record Books

Document your experiences from your projects by completing record books! Write your project story and compete for ribbons and prize money! (Ages 9-13)

Achievement Program

Record all of your 4-H accomplishments in the achievement program! Complete clover levels and compete for honors! (Age 10 and up)



School Enrichment

School enrichment programs are educational experiences offered during the school day in partnership with classroom teachers using 4-H curriculum and programming.

Truth & Consequences

Truth & Consequences is a program for seventh-graders that educates them on the consequences of substance abuse. Parents, students, and a multitude of community partners are involved in this event.

Reality Store

Reality Store is an event for eighth-graders that centers on consumer and financial education. Youth explore real-world money dilemmas in this eye-opening program.

Youth Ag Day

4-H is a partner in this event for third-grade students that teaches youth about where they food comes from.

Jump into Foods and Fitness

Fourth-graders participate in this six-week program that teaches youth about making easy, nutritious snacks and encourages them to try new foods.

Gerbusters

4-H provides education on hand-washing and illness prevention to youth in the lower grades during flu season.

4-H is always looking for new opportunities to partner with schools and teachers. Please contact the extension office if you are interested in any of our programs to see how we can bring it to your classroom!

Carlisle County

4-H



Leadership

Natural Resources

Science, Engineering, & Technology

Health

Agriculture

Family & Consumer Science

Communication & Expressive Arts

There's something for Everyone!

CLUBS

Clubs meet throughout the year, elect officers, and do fun activities that build leadership skills.

Teen Club

The Carlisle County 4-H Teen Club participates in service projects, teambuilding activities, conferences, and teen trips. (Grades 7-12)

Shooting Sports Club

The Shooting Sports club participates in the State Shoot & State Shooting Sports Camp. (Ages 9-18)

Cooking Clubs

Each month, the Beginner Cooking Club (grades 3-6) and the Advanced Cooking Club (grades 7-12) meet to work on kitchen skills.

Arts and Crafts/Upcycling Club

Turn trash to treasure in this club and make beautiful designs while helping the planet. (Ages 9-18)

Gardening Club

Go fishing with friends every month! Club meets in different locations with different guest speakers each meeting. (Ages 9-18)

Dog Club

Learn about breeds, obedience, care, and health. (Ages 9-18)

Dance Club

Get active and move to the music! Learn the latest dances. (Ages 9-18)

DIY Design Club

Practice interior design and make home environment entries for the fair! (Ages 9-18)

GPS Adventure Club

Get outside. Fuel up. Move more. Explore the great outdoors using GPS technology, physical activity, and nutrition. (Ages 9-18)

SCHOOL CLUBS

4-H Morning Meeting Boosters

This club encourages 4th and 5th grade students to take on leadership and communication roles during the elementary school morning meeting.

Leadership & Life Skills Club

These clubs for middle schoolers in are offered during enrichment period and teach leadership, communication, teamwork, and life skills. Lessons discuss goal setting, decision making, critical thinking, & more to prepare students for the world.

Junior Homemakers Club

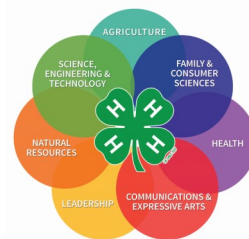
These clubs meet during specific periods in the Family & Consumer Sciences classroom at the high school. Members learn about community engagement, service, and participation.

Special Interest

Project classes such as sewing, cake decorating, and more are occasionally offered. Check with the office for most recent availability

Cloverbuds

For youth in grades K-3, we offer a Cloverbud Club that focuses on citizenship and character-building, nutrition and physical activity, and introducing the seven curriculum areas of 4-H. We also offer a Cloverbud Day Camp in the summer.



Camps and Conferences

4-H Camp

Every year, 4-H'ers attend a four day, three night camp at West Kentucky 4-H Camp in Dawson Springs. Campers can canoe, cook, fish, dance, ride horses, participate in archery and ropes courses, and much more! (Ages 9-14)

4-H Teen Conference

Teen Conference is an opportunity for high school youth to spend a week in June at the University of Kentucky participating in workshops, learning leadership skills, and making new friends. (Grades 9-12)

4-H Issues Conference

Issues Conference is a great experience for high school-aged youth to learn about identifying and addressing community issues. When participants return from the conference, they can apply for a \$500 grant to implement a needed program in their community. (Grades 9-12)

4-H Teen Summit

Teen Summit is a middle school leadership conference held at the Lake Cumberland 4-H Leadership Center in March. Youth play group games and participate in fun workshops. (Grades 6-8)

Regional Teen Opportunities

Youth can participate in Teen Retreat (grades 8-12) and Stuck in the Middle (grades 6-8) at West Kentucky 4-H Camp each year, in addition to Winter and Summer Teen Trips, day camps, and more!



PROJECTS

Projects are long-term educational activities completed under the guidance of a leader, agent, or parent/guardian. Below is a list of the various project areas available to youth. Call the extension office to find out about current project groups and opportunities, enroll in a project individually, and obtain project resources!

Agriculture

Agricultural sciences, beef, dairy cattle, dog, goat, horse, horticulture, livestock, meats, plant science/crops, poultry, rabbit, sheep, swine

Communication & Expressive Art

Performing arts, public speaking, visual arts

Family & Consumer Sciences

Child care, consumer & financial education, entrepreneurship, fashion/grooming/image, food preparation and nutrition, home environment, needlework, sewing, workforce preparation

Health

Bullying prevention, personal safety, physical activity, substance abuse prevention

Leadership

Citizenship, civic engagement, cultural/global education, leadership, personal development/character

Natural Resources

Entomology, environment, forestry/wood science, geology, shooting sports, soils, water, wind, wildlife

Science, Engineering, & Tech

Aerospace, ATV safety, biotechnology, electricity/electronics, energy, engineering, geospatial sciences (GPS/GIS), robotics, science (general), small engines

Interested in any of these opportunities?

Contact Us!

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